Veggie Virgin Formula: Zone 7&8 Calendar

The Veggie Virgin Formula makes figuring out what to plant in your garden simple.

Follow these 4-steps:

**Step 1:** Figure out your USDA Zone

**Step 2:** Download your chart (what you are looking at)

**Step 3:** Determine your sunlight

**Step 4:** Decide what to grow

For complete explanation and instructions, please visit http://www.urbanorganicgardener.com/veggievirginformula
### Veggie Virgin Formula: Zone 7&8 Calendar

#### January
- Asparagus
- Cabbage
- Carrots
- Lettuce
- Mustard
- Onions
- Peas
- Potato (white)
- Radish
- Spinach
- Turnip

#### February
- Asparagus
- Beets
- Broccoli
- Cabbage
- Carrots
- Kale
- Lettuce
- Mustard
- Onions
- Peas
- Potato (white)
- Radish
- Spinach
- Turnip

#### March
- Asparagus
- Beets
- Broccoli
- Cabbage
- Cantaloupe
- Carrots
- Cauliflower
- Collard greens
- Corn
- Kale
- Lettuce
- Mustard
- Onions
- Potato (white)
- Radish
- Spinach
- Tomato
- Turnip

#### April
## Veggie Virgin Formula: Zone 7&8 Calendar

<table>
<thead>
<tr>
<th>Month</th>
<th>Beans (bush)</th>
<th>Eggplant</th>
<th>Radish</th>
<th>Beans (pole)</th>
<th>Mustard</th>
<th>Squash (bush)</th>
<th>Beans (lima)</th>
<th>Okra</th>
<th>Squash (winter)</th>
<th>Peas</th>
<th>Tomatoes</th>
<th>Pepper</th>
<th>Turnip</th>
<th>Corn</th>
<th>Potato (sweet)</th>
<th>Potato (white)</th>
<th>Watermelon</th>
</tr>
</thead>
<tbody>
<tr>
<td>May</td>
<td>Beans (bush)</td>
<td>Eggplant</td>
<td>Radish</td>
<td>Beans (pole)</td>
<td>Mustard</td>
<td>Squash (bush)</td>
<td>Beans (lima)</td>
<td>Okra</td>
<td>Squash (winter)</td>
<td>Peas</td>
<td>Tomatoes</td>
<td>Pepper</td>
<td>Turnip</td>
<td>Corn</td>
<td>Potato (sweet)</td>
<td>Potato (white)</td>
<td>Watermelon</td>
</tr>
<tr>
<td>June</td>
<td>Beans (lima)</td>
<td>Peas</td>
<td>Squash (winter)</td>
<td>Corn</td>
<td>Pepper</td>
<td>Tomato</td>
<td>Okra</td>
<td>Potato (sweet)</td>
<td>Tomato</td>
<td>Watermelon</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>July</td>
<td>OK</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
# Veggie Virgin Formula: Zone 7&8 Calendar

<table>
<thead>
<tr>
<th>Month</th>
<th>Plant 1</th>
<th>Plant 2</th>
<th>Plant 3</th>
</tr>
</thead>
<tbody>
<tr>
<td>August</td>
<td>Beans (bush)</td>
<td>Carrots</td>
<td>Peas</td>
</tr>
<tr>
<td></td>
<td>Beans (pole)</td>
<td>Cauliflower</td>
<td>Potato (white)</td>
</tr>
<tr>
<td></td>
<td>Beans (lima)</td>
<td>Collard greens</td>
<td>Squash (bush)</td>
</tr>
<tr>
<td></td>
<td>Beets</td>
<td>Cucumber</td>
<td>Squash (winter)</td>
</tr>
<tr>
<td></td>
<td>Broccoli</td>
<td>Kale</td>
<td>Turnip</td>
</tr>
<tr>
<td></td>
<td>Cabbage</td>
<td>Mustard</td>
<td></td>
</tr>
<tr>
<td>September</td>
<td>Beets</td>
<td>Collard greens</td>
<td>Radish</td>
</tr>
<tr>
<td></td>
<td>Broccoli</td>
<td>Cucumber</td>
<td>Spinach</td>
</tr>
<tr>
<td></td>
<td>Cabbage</td>
<td>Lettuce</td>
<td>Turnips</td>
</tr>
<tr>
<td></td>
<td>Carrots</td>
<td>Mustard</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Cauliflower</td>
<td>Onions</td>
<td></td>
</tr>
<tr>
<td>October</td>
<td>Cabbage</td>
<td>Mustard</td>
<td>Spinach</td>
</tr>
</tbody>
</table>
Veggie Virgin Formula: Zone 7&8 Calendar

Collard greens  Onions
Lettuce  Radish

November
Asparagus  Onions

December
Asparagus  Onions